

Expand Participation In Church

| Worship | Fellowship | Discipleship | Service | Evangelization |
|---|----------------------------------|---|---|---|
| Attend a weekday Mass (outside of SSFC school Mass) | Play and Pray | Attend Bible Study | Serve as altar person at mass | Bring a friend to Bible Club at school FCA,CYBC |
| Adoration | Breakthrough/Life Night | Family Rosary | Work at a Food Pantry | Visit the sick |
| Sing in the choir for Mass | Participate in Small Group | Attend a Prolife event | Interview someone who does service in the church | Take the Eucharist to the sick (shadow a minister- must schedule) |
| Visit Catholic Shrine or Church | Attend a deanery event | Write a note of encouragement to a RCIA Candidate | Serve at chili cook off | Stand up for a friend who is being mistreated using your Catholic values |
| Write and lead a prayer in small group/religion class | Participate in Christmas program | Attend baptism preparation (Please schedule) | Serve at festival | Share your faith story during school or youth ministry |
| Practice Lection Devina | | Write an letter to our seminarians | Serve at the fish fry | Share your favorite bible verse or bible story during school or youth ministry |
| Reading the Bible | Attend CYO event | Pray for a prayer partner | Create something to give...ie make blankets for babies at riley, make a prayer shall, make cards and give them to nursing home patients | Pray with another person |
| Stations of the Cross | Attend Parish social event | Reading a faith based book | Be an Altar Server for a funeral or wedding | Use your Catholic Values when working with a group and problem solving |
| Pray the Rosary before or after Mass | | Participate in ICYC or Jr. High Youth Rally | Be a greeter at Church (Please schedule) | Invite a friend to attend Mass |
| Talk to Pat Kneebone about Arts and Environment Ministry(need to schedule with Pat) | | | Shadow church usher (Please get approved) | Share bible stories with younger siblings |
| Attend Life teen mass | | | Serve coffee and donuts | Discuss the gospel message from Mass with your family. |
| | | | | Share with your parents things you have discussed and learned in small group/religion class |
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Expand Participation In Church

It's E.P.I.C.!

Confirmation Candidates are asked to expand their experience and knowledge in the following five areas that help form and strengthen our faith and Catholic Identity: Worship, Fellowship, Discipleship, Service and Evangelization

On back you will find examples of experiences in each of the five areas that could be accepted for the program. Any experience not found on this chart should have the prior approval of youth minister, Monica Robinson. Each candidate is expected to complete 3 DIFFERENT experiences in each area for a total of 15. After each experience, the candidate is asked to complete the following information online.

Name _____ Date _____

EPIC Category: (circle one) Worship Fellowship Discipleship Service Evangelization

Describe your activity and explain how it is an example of worship, fellowship, discipleship, service or evangelization.

How did this EPIC activity help you to grow spiritually?

All EPIC experiences must be documented prior to the Spring Retreat.